Nutrition Facts

_____ servings per container

Serving size _____

Amount per serving

Calories _____

% Daily Value*

Total Fat _____ _____

Saturated Fat _____ _____

Trans Fat _____

Cholesterol _____ _____

Sodium _____ _____

Total Carbohydrate _____ _____

Dietary Fiber _____ _____

Total Sugars _____

Includes _____ Added Sugars _____ _____

Protein _____

Vitamin D _____ _____

Calcium _____ _____

Iron _____ _____

Potassium _____ _____

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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